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DEWANHAT MAHAVIDYALAYA

Dewanhat, Cooch Behar, West Bengal, PIN - 736134
Website: www.dewanhatmahavidyalaya.in

Ref.....

Date.....

NOTICE

Date: 19.06.2026

Observance of International Day of Yoga (IDY), 2026

All students of Dewanhat Mahavidyalaya are hereby informed that the **International Day of Yoga (IDY), 2026** will be observed in the College on **21st June 2026 (Sunday)** to promote awareness regarding the importance and benefits of Yoga in compliance with the instructions of the Department of Higher Education, Government of West Bengal.

All students are requested to participate actively and contribute to the successful observance of the programme. The following points may kindly be noted:

1. The Yoga session will be held from **6:30 a.m. to 7:45 a.m.**
2. All participating students must report to the College campus by **6:20 a.m.**
3. Students are requested to bring their own **Yoga mats**, if available.
4. Participants are encouraged to wear a **white T-shirt and black trouser/pant.**
5. Students who do not have the prescribed dress may wear any comfortable attire suitable for Yoga practice.

Attendance and cooperation of all students will be highly appreciated.



Dr Aziz Ahmed 15.6.26

Dr Aziz Ahmed

Principal

Dewanhat Mahavidyalaya

Cooch Behar

Principal
Dewanhat Mahavidyalaya
Dewanhat, Cooch Behar
West Bengal-736134

In communication to:

1. College Notice Board
2. College Website
3. All students' WhatsApp Groups